

# The Race is On...

And you are invited to participate in the 2010 Rappahannock River Run hosted by the St. Margaret's School Alumnae Association. In its 12th year, this run allows competitive and recreational runners alike the opportunity to come together for a 5k, 3.1 mile course through scenic Tappahannock, Virginia.

Race day is Saturday, October 16, 2010, at 444 Water Lane, St. Margaret's School. The course begins at St. Margaret's Hall and travels through the town of Tappahannock, along the Rappahannock River, and returns to the school's campus.

Running groups are welcome and encouraged. Group rates and registration are available for groups of 5 or more.

**For more information regarding the details of the 2010 Rappahannock River Run and Walk or to register, contact:**

**Sarah C. Weakley**  
804.443.3357 x 3016  
sweakley@sms.org  
or visit  
www.sms.org/run

## EVENT SCHEDULE

7:00–7:45 a.m.: Registration and Check-in

8:00 a.m.: Race Begins

9:30 a.m.: Award Ceremony

## AWARDS

- Official race t-shirts are awarded to all persons who pre-register
- First Place for Male and Female participants in categories:
  - 18 & under
  - 19-39
  - 40-54
  - 55 & up
- First SMS Alumna
- First SMS Parent
- First SMS Student
- Best Costume

## LOCATION

St. Margaret's School  
444 Water Lane  
Tappahannock, VA 22560

## MAIL CHECK & REGISTRATION FORM TO:

St. Margaret's School  
P. O. Box 158  
Tappahannock, VA 22560

## REGISTRATION FEES AND DEADLINES:

\$20.00 for Individuals pre-paid before Oct. 1st  
\$25.00 for Individuals registering after Oct. 1st

## TO PAY BY CREDIT CARD:

Visit [www.sms.org/run](http://www.sms.org/run)

On-line registration ends October 12, 2010

NAME \_\_\_\_\_

D.O.B. \_\_\_\_\_ SEX: M \_\_\_ F \_\_\_

SHIRT SIZE: SM \_\_\_ MED \_\_\_ LRG \_\_\_ X-LRG \_\_\_

RUNNER \_\_\_ WALKER \_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

Check this box if you would NOT like your photograph to be used in any St. Margaret's School publications.

Waiver/release must be signed, dated, and submitted with registration. In consideration of the acceptance of this entry, I, the undersigned, assume full and complete responsibility for any injury or accident which may occur during the event or while I am on the premises of the event. I attest and verify that I am physically fit and have sufficiently trained for this event. Furthermore, I release and hold harmless the sponsors, organizers, volunteers, and all other persons or entities associated with this event from any and all claims and liabilities of any kind arising out of my participation.

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

CLIP and RETURN



P. O. Box 158  
Tappahannock, VA 22560



12th Annual  
*Rappahannock  
River Run*



St. Margaret's School  
444 Water Lane  
Tappahannock, Virginia

October 16, 2010  
8:00 a.m.